



TRAININGSPLAN

ab Montag, 03.06.2024

Montag/Monday

17:30 - 18:30
KIDS

18:30 - 21:30
ADVANCED

Dienstag/Tuesday

17:30 - 19:30
INTERMEDIATE

19:30 - 21:30
CORE

Mittwoch/Wednesday

17:30 - 19:30
CORE

19:30 - 21:30
ADVANCED

Donnerstag/Thursday

17:30 - 19:30
CORE

19:30 - 21:30
INTERMEDIATE

Freitag/Friday

17:30 - 18:30
KIDS

18:30 - 21:30
CORE

Sonntag/Sunday

13:00 - 16:00
CORE