



TRAININGSPLAN

Montag/Monday

17:30 - 19:00

Kids

19:00 - 21:30

MIXED (Core/Intermediate)

Dienstag/Tuesday

17:30 - 19:00

Core

19:00 - 21:30

MIXED (Intermediate/Advanced)

Mittwoch/Wednesday

17:30 - 19:00

Tape Study/Promo Class (Core/Intermediate/Advanced)

19:00 - 21:30

Advanced

Donnerstag/Thursday

17:30 - 19:30

Intermediate

19:30 - 21:30

Core

Freitag/Friday

17:30 - 18:30

Kids

18:30 - 21:30

MIXED (Core/Intermediate)

Sonntag/Sunday

13:00 - 15:00

Core

15:00 - 17:00

MIXED (Intermediate/Advanced)